

USING THE CHART BELOW, DETERMINE HOW MANY LBS OF MEAT YOUR FAMILY EATS IN A WEEK.

| Serving size based on 1/2 lb per adult and 1/8 lb per child | | | | |
|---|------------------------|--|--|--|
| How often you eat a beef serving | Family of 2 (2 Adults) | Family of 4 (2 adults, 2 small children) | Family of 6 (2 adults, 4 smaller children) | Large Family (mix of small children, teens, and parents) |
| 3 times a week | 3 | 4 | 4 | 7 |
| Daily | 7 | 9 | 10 | 17 |
| 3 times a day | 21 | 24 | 28 | 49 |

NOW THAT YOU KNOW HOW MUCH YOU EAT A WEEK, USE THE LBS IN THE CHART ABOVE AND COMPARE IT TO THE CHART BELOW TO KNOW WHAT SIZE OF SHARE YOU NEED TO BUY EVERY WEEK.

| | |
|---------|---------|
| Whole | 300 lbs |
| Half | 150 lbs |
| Quarter | 72 lbs |
| Eighth | 34 lbs |
| Small | 17 lbs |
| Sampler | 8 lbs |

BELOW WILL GIVE YOU AN IDEA OF HOW MANY SHARES A YEAR YOU WILL END UP PURCHASING BY BUYING WEEK

| How often you eat a beef serving | Share size | Family of 2 (2 Adults) | Family of 4 (2 adults, 2 small children) | Family of 6 (2 adults, 4 smaller children) | Large Family (mix of small children, teens, and parents) |
|----------------------------------|------------|------------------------|--|--|--|
| 3 times a week | Half Beef | 1 | | | |
| | Whole Beef | | 1 | 1.3 | 1.3 |
| Daily | Whole Beef | 1 | 1.5 | 2 | 3 |
| 3 times a day | Whole Beef | 3.6 | 4 | 5 | 8.4 |